

# WiLearn YJ Program

## Foundational Elements Sections At-A-Glance

\*List taken from each Foundational Element workbook pages, items completed in sequence.

### *Culturally Responsible Practice*

#### **Element Sections**

This element contains the following sections:

1. Prewrite for Community Huddle 1 – online content (45 minutes)
- 2. Community Huddle 1 – virtual session via Zoom (120 minutes)**
3. Packet 1: NASW Code of Ethics and Application to Child Welfare Work – online content (45 minutes)
4. Packet 2: Standards and Indicators of Cultural Competence and Cultural Humility – online content (20 minutes)
5. Prewrite for Community Huddle 2 – online content (20 minutes)
- 6. Community Huddle 2 – virtual session via Zoom (80 minutes)**
7. Packet 3: Ethnography as a Tool for Understanding Context and Culture and Minimizing Bias – online content (90 minutes)
8. Packet 4: Application Activity – online module (35 minutes)
- 9. Community Huddle 3 – virtual session via Zoom (70 minutes)**
10. Post-Test

### *Trauma Informed Practice*

#### **Element Sections**

This element contains the following sections:

1. Prewrite for Community Huddle 1 – online content (30 minutes)
- 2. Community Huddle 1 – virtual session via Zoom (90 minutes)**
3. Grounding Activity 1 – online content (30 minutes)
4. Packet 1: Beliefs and Behaviors – online content (10 minutes)
5. Packet 2: Exploring Different Stories – online content (20 minutes)
6. Packet 3: Barriers to Engagement – online content (20 minutes)
7. Packet 4: The Disruption of Childhood Development – online content (50 minutes)
8. Packet 5: Impact of Childhood – online content (30 minutes)
9. Grounding Activity 2 – online content (10 minutes)
10. Packet 6: Feeling Safe, Soothed, and Seen – online content (10 minutes)
11. Packet 7: Sociocultural Trauma – online content (25 minutes)
12. Grounding Activity 3 – online module and on-the-job application (15 minutes)
- 13. Community Huddle 2 – virtual session via Zoom (85 minutes)**
14. Packet 8: Journey to Engagement: Regulate – online content (25 minutes)

15. Packet 9: Journey to Engagement: Relate – online content (20 minutes)
16. Packet 10: Journey to Engagement: Reason – online content (20 minutes)
17. Culminating Activity – online content (30 minutes)
- 18. Community Huddle 3 – virtual session via Zoom (95 minutes)**
19. Post-Test

## ***Engaging Families***

### **Element Sections**

This element contains the following sections:

1. Pework for Community Huddle 1 – online content (30 minutes)
- 2. Community Huddle 1 – virtual session via Zoom (90 minutes)**
3. Packet 1: Everyone Needs to be Heard – online content (45 minutes)
4. Packet 2: Everyone Desires Respect – online content (40 minutes)
5. Packet 3: Everyone has Strengths – online content (30 minutes)
- 6. Community Huddle 2 – virtual session via Zoom (120 minutes)**
7. Packet 4: Judgments Can Wait – online content (45 minutes)
8. Packet 5: Partners Share Power – online content (20 minutes)
9. Packet 6: Partnership is a Process – online content (20 minutes)
10. Culminating Activity – online content (30 minutes)
11. Independent Study – online module and on-the-job application (50 minutes)
- 12. Community Huddle 3 – virtual session via Zoom (110 minutes)**
13. Post-Test

## ***Case Practice with American Indian Tribes***

### **Element Sections**

This element contains the following sections:

1. Pework for Community Huddle 1 – online content (10 minutes)
2. Packet 1: History and Historical Trauma – online content (90 minutes)
- 3. Community Huddle 1 – virtual session via Zoom (80 minutes)**
4. Grounding Activity – online content (30 minutes)
5. Packet 2: Cultural Responsibility with American Indian Families – online content (30 minutes)
- 6. Community Huddle 2 – virtual session via Zoom (120 minutes)**
7. Post-Test