**LGBTQ+ Foundations: Awareness, Knowledge, and Skills YIPA Webinar Learning Activities**

The trainer, Meg Bolger stressed that this webinar is a starting point to gain a foundational level of understanding people who identify as LGBTQ+. She encouraged participants to continue the conversation and learning about people who identify as LGBTQ+ and highlighted the importance of bringing others into your learning process. The following activities are designed for you to continue this conversation at your workplace and enhance your learning.

**Activity #1**

Using the Training Participant Packet included with the training, share and discuss with a supervisor or co-worker your response to any of the scenarios found on pages 11-13.

**Activity #2**

Within 2 weeks after completing this class, keep a journal and log any examples you notice of LGBTQ+ stigmatization.

**Activity #3**

1-2 months after completing the class, explain in writing how your understanding of people/issues of the LGBTQ+ community have affected your behavior since taking the class.

**Activity #4**

Read and write highlights about one of the websites in the resource list (Handout packet pages 14-15). Share a couple of your favorites with your co-workers!

**Activity #5**

Lead a workshop using curriculum from the Safe Zone Project (www.thesafezoneproject.com).