

Nurturing Connections Public Adoption

To reach the total of 25 hours, pre-adoptive parents must complete the required **19 hours** training listed on the top half of the page. Listed on the bottom half are options that parents can use to complete the 6-hour child specific requirement. Note the 3rd column listing themes that also count as foster care training. If this theme was completed during foster care training, it does not need to be taken again.

Required instructor led themes- in person classroom or Zoom		
Attachment	2	Also counts towards FC required
Child Development	1	Also counts towards FC required
Cultural Humility	1	Also counts towards FC required
Parenting a Child with a History of Sexual Trauma	1	Also counts towards FC required
Separation, Grief, and Loss	2	Also counts towards FC required
Sexual Development and Identity	1	Also counts towards FC required
Trauma Informed Parenting	2	Also counts towards FC required
Trauma Related Behaviors	2	Also counts towards FC required
Common Feelings Associated with Being Adopted	1	
Connection with Birth Families After Adoption	1	
Family Dynamics	1	
Life Story: Birth and Adoption Story	1	
Required Right Time Training Themes- online, on demand		
Accessing Services and Supports	1	Also counts towards FC required
Answering Legal Questions About Public Adoption	.5	
Education	1	
The Impact of Congregate Care Settings	.5	
Total number of Required Theme Hours	19	
Options for Child Specific Training		
Instructor Led Theme Options		
Building Resilience for Kinship Caregivers	1.5	For relative caregivers
Kinship Parenting	2	For relative caregivers
Creating a Stable, Nurturing, Safe Home Environment	2	
Effective Communication	1	
Impact of Substance Abuse	1.5	
Mental Health Considerations	1	
Parenting in Racially and Culturally Diverse Families	1.5	Also counts towards FC required
Preparing For and Managing Intrusive Questions	1	
Right Time Training Theme Options		
Building Children's Resilience	1	
Building Parental Resilience	1	
Managing Placement Transitions	1	
Preparing for Adulthood	1	
Preparing for and Managing Visitations	1	
Responding to Children in Crisis	1	
Sensory Integration	1	
Supporting American Indian Children: Honoring the Past, Empowering the Future	1	Also counts towards FC required

*A short online on demand 'Welcome and Orientation to Nurturing Connections' course will be required as a prerequisite to begin any of the other classes. There is no training credit given.