**Training Plan for**

(Note: complete one plan per licensed foster parent)

# Pre-Placement Completion Date:

Training requirements are a minimum of 6 hours of pre-placement training under DCF 56.14(6) before or after initial licensure but prior to the placement of a foster child in the home.

Preplacement courses reinforce and clarify any information participants have learned as a part of the licensing process. They provide the fundamental information needed to provide a safe and nurturing environment for the child.

# Foundation

Within the first two years of licensure as a Level 2 foster home, foster parents must complete 30 hours of initial licensing training under DCF 56.14(7) (also called Foundation Training).

# Module #1: Partners in Permanency (3 Hrs.) Completion Date:

This course introduces the parent or caregiver to the primary goals of child protective services and how these services can help achieve protection and permanence for children and their families. The parent or caregiver is introduced into his or her role as a member of the team and how collaboration with caseworkers, the child protection agency and other professionals is imperative to serving the child, birth family, and foster parent. The importance of advocacy for the child is also emphasized as the best interest of the child needs to be considered during case planning, with schools and other service agencies/providers.

# Module #2: Healthy Identity Development (3 Hrs.) Completion Date:

This course introduces caregivers to their role of helping children in foster care establish and maintain a healthy cultural and individual identity. Caregivers will examine how their own cultural perspective and biases affect the development of relationships with children and families from different backgrounds. Caregivers will leave the training with ideas to work toward becoming a multicultural family.

# Module #3: Maintaining Family Connectedness (3 Hrs.) Completion Date:

This course provides information about the losses experienced by birth families, expected behaviors of grieving birth parents, and ways to work effectively with birth families along a continuum of contacts. Parents or caregivers also learn how to identify key members of the child’s birth family and the significance of sibling connections.

# Module #4a: Dynamics of Abuse and Neglect Part 1 (3 Hrs.) Completion Date:

This course familiarizes the parent or caregiver with the dynamics of physical and sexual abuse, emotional maltreatment, and neglect, as well as the physical and behavioral indicators in children. Parents or caregivers also become familiar with the types of family situations that can contribute to abuse and neglect. Laws regarding mandatory reporting of suspected abuse and neglect are also examined.

# Module #4b: Dynamics of Abuse and Neglect Part 2 (3 Hrs.) Completion Date:

This course familiarizes the parent or caregiver with the dynamics of physical and sexual abuse, emotional maltreatment, and neglect, as well as the physical and behavioral indicators in children. Parents or caregivers also become familiar with the types of family situations that can contribute to abuse and neglect. Laws regarding mandatory reporting of suspected abuse and neglect are also examined

# Module #5: Impact of Maltreatment on Child Development (3 Hrs.)

# Completion Date:

This course describes the impact of maltreatment on a child’s development, including outlining typical child development in the five developmental domains, as well as developmental delays that are associated with the different forms of abuse and neglect. Parents or caregivers will learn about resources to address developmental delays. In addition, parents or caregivers will understand that children will experience differing degrees of traumatization due to their resiliency factors and will also need to learn life skills differently due to their abuse histories

# Module #6: Attachment (3 Hrs.) Completion Date:

This course demonstrates normal, healthy attachment and how it influences child development. Parents and caregivers are introduced to how attachment is the foundation for guidance and positive discipline, and how it is impacted by separation from primary parents, siblings, and other attachment figures.

# Module #7: Separation and Placement (3 Hrs.) Completion Date:

This course examines the effects of separation on the child within their cultural context. Participants also learn to identify stages in the grieving process as well as strategies to reduce the trauma to children who have experienced separations from significant others. In addition, the course also examines issues related to emotional conflict and the impact of multiple placements on the child.

# Module #8: Guidance and Positive Discipline (3 Hrs.) Completion Date:

This course examines the reasons for behavioral problems among foster and adopted children and explains the agency policy regarding corporal punishment and the underlying reasons for that policy. Additionally, participants receive information on positive ways to manage behavior, including natural and logical consequences, contracting, and rewarding.

# Module #9: Effects of Fostering on the Family (3 Hrs.) Completion Date:

This course examines the impact of foster care, adoption, and kinship care on the family system. Information is presented on disclosure of important information to foster and adoptive parents and protocols for handling challenges specific to foster care. The course enables prospective parents to develop effective coping strategies and survival plans.

**Ongoing Training:**

Each foster parent who operates a Level 2 foster home shall complete 10 hours of ongoing training under DCF 56.14(8) in each 12-month period of licensure after the initial licensing period.

Title of Training:

Location of Training:

Type of Training (online, face to face):

Training Description (including training need or interest):

Name of Entity that Provided the Training:

Training Dates:      Actual Training Hours Earned:

Title of Training:

Location of Training:

Type of Training (online, face to face):

Training Description (including training need or interest):

Name of Entity that Provided the Training:

Training Dates:      Actual Training Hours Earned:

Title of Training:

Location of Training:

Type of Training (online, face to face):

Training Description (including training need or interest):

Name of Entity that Provided the Training:

Training Dates:      Actual Training Hours Earned:

Title of Training:

Location of Training:

Type of Training (online, face to face):

Training Description (including training need or interest):

Name of Entity that Provided the Training:

Training Dates:      Actual Training Hours Earned:

Title of Training:

Location of Training:

Type of Training (online, face to face):

Training Description (including training need or interest):

Name of Entity that Provided the Training:

Training Dates:      Actual Training Hours Earned:

Title of Training:

Location of Training:

Type of Training (online, face to face):

Training Description (including training need or interest):

Name of Entity that Provided the Training:

Training Dates:      Actual Training Hours Earned:

Title of Training:

Location of Training:

Type of Training (online, face to face):

Training Description (including training need or interest):

Name of Entity that Provided the Training:

Training Dates:      Actual Training Hours Earned: