Building the Path to Independence: Introduction Module

1. Intro

1.1 Introduction



Notes:

Welcome to the Building the Path to Independence Training! This training will help to provide you with:

• A background of why life skills are vital for children and youth in out-ofhome care.

- What your role as a foster parent is in helping to build those skills.
- How development affects a child's ability to learn life skills and how teaching them will be different for each child.
- Expectations for foster parents and child welfare agencies to build life skills.

• The impact of learning life skills for children and youth in out-of-home care, and

• What aging out of care means for youth.

This training can be a useful resource and refresher for you to come back to as you continue to foster.

1.2 Building Life Skills Overview



Notes:

This training has four modules, including this introduction. You can work through each module at your own pace, and you can pause and return to the training anytime. The next few slides will give you a quick overview of the training, as well as some navigation tips. When you're ready, click the "next" button to continue.

1.3 Building Life Skills Overview



Notes:

This training includes a lot of information that you'll want to know, such as a mixture of history of programming and laws, research, expectations, and statistics, as well as the voice of youth in care. The information will combine to give you an overall picture of what life skills are and why they are so vital for children and youth in out-of-home care.

The training is designed to be interactive, and you will be asked to answer some questions to see how you're doing. These questions are not tests; they're intended to help you learn. You will get feedback on your answers. You'll be prompted to download some resources, which you can also find on the main page of the training - if you haven't already! If you have questions as you go through the modules, write them down to share with your licensing worker. Now let's take a look at how you'll move through these modules.

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1.4 Navigation Tips

Notes:

Navigating around is pretty easy.

The play controls at the bottom allow you to pause or restart the playback, and jump forward or backward by one slide. Most slides will stop automatically when they're done; just click the "NEXT" button to continue.

1. On some slides, you will need to click on the screen to explore the information.

2. You can click the title of a slide under the "Outline" tab to review a topic or to pick up where you left off.

3. Finally, you can read along by clicking the "Narration" tab.

Those are the basics. Let's move on to the next slide.



1.5 Tips for Success

Notes:

Here are 4 things you can do to get the most out of this training:

- 1. Write down ANY and ALL thoughts or questions as they come up. Your licensing worker is there to answer these questions and to discuss any concerns you have.
- 2. Take your time. Trying to cover too much information in a short amount of time will only put you to sleep and try your patience. Pace yourself. Take breaks when you need to and come back to where you left off when you can focus and have time.
- 3. You don't have to memorize everything. This training is here as a resource, and you can come back to it when you need it.
- 4. And be sure to complete the whole training!

1.6 Conclusion



Notes:

That brings us to the end of this introduction module. We covered an overview of the course, learned how to navigate, and shared a few strategies for getting the most out of the training.

When you're ready, please close this window and continue to Module 1.