

Plan-Do-Study-Act (PDSA) Model

ACT: What is your next step?

INSTRUCTIONS: As a team, reflect on your last PDSA cycle and decide if your next step is to: adopt, adjust, or abandon. Use the prompts under your chosen option to move forward in planning your next PDSA cycle.

ADOPT: The change your team made with your last PDSA cycle was an improvement that moved you closer to your goal.

- Consider expanding the change to additional workers, teams, or other cases

OR

- Plan for how to make the change **STICK...**
 - What will we need to do to ensure we continue to implement this change?
 - How do we onboard new workers to this practice?
- Fill out the plan step for the next PDSA cycle based on the decisions above.

ADJUST: The change your team made with your last PDSA cycle needs to be modified based on learnings from implementation and tested again.

- What did we learn from our test that we will incorporate in our next PSDA cycle?

Consider:

- What did our evaluation data tell us?
 - Were the supports needed to make the change adequate?
 - Were there: unintended consequences? unexpected findings? surprises?
- Fill out the Plan step for the next PDSA cycle.

ABANDON: The change your team made did not lead to an improvement.

- Was the change properly executed? Why or why not?
 - Were the supports required to make the change adequate?
 - Why did the change not lead to an improvement?
- Fill out the Plan Step for a new PDSA Cycle #1 and consider:
 - What was the problem we were trying to target (our goal)?
 - What other change could we make that would lead to an improvement to reach our goal?